Why Mental Health First Aid?

Mental Health First Aid for Veterans, Military Members and their Families teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. This 8-hour training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to appropriate care.

"So many people are out there wishing for something better, hoping that help will show up. That's what Mental Health First Aid is — it is help to get people connected to care and ultimately to get them to a better place."

—Tousha Paxton-Barnes, U.S. Army Veteran

Want to sign up for a course? Turn page over for registration information.
Mental Health First Aid
REGISTRATION FORM

To register, please email or fax this registration form to daliaramirez@permiacare.org or 432-570-3420 or mail this completed form and your payment to:
PermiaCare
Attn: Dalia Ramirez
401 E Illinois, Suite 400; Midland TX  79701

Please choose an 8 hour training:
MENTAL HEALTH FIRST AID TRAININGS:

_____July 17 from 8:30am to 5pm (deadline to register: 07/10/20)
_____October 16 from 8:30am to 5pm (deadline to register: 10/9/20)

Cost: $15 if pre-registered before deadline (school district and university employees are free of charge) $50 if registered after deadline Questions? Call 432-570-3339.

Name ________________________________________

Phone number ________________________________

Occupation and employer name, if any ________________________________

Circle one- Veteran, Service Member, Family Member, None

E-mail address ______________________________________________________

We will email you a reminder prior to the training.

Brief description of why you’re enrolling in the course: (examples: help family member or loved one, better serve clients/public with mental health issues, seeking general mental health information)

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Class is limited to the first 25 registered and paid individuals.

Mental Health First Aid USA is coordinated by the National Council for Community Behavioral Healthcare, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health. MHFA training is provided by PermiaCare.