

How's Your Baby?

Developmental Checklist



early childhood intervention



Department of Assistive and Rehabilitative Services
Division for Early Childhood Intervention Services



Photo by J. Nava Studios

Every child is different and learns at his or her own pace. It's important to notice when your child begins to learn new skills and if he is on target. As your child is growing, use this checklist to see how he is doing.

Do you have questions about how your child is growing and developing? Why wait?

Are you concerned about your child's behavior? Is your baby having difficulty learning to sit up, walk, talk?

ECI supports families of infants and toddlers birth to 36 months through education, family support, and learning activities. ECI has baby and toddler specialists in every area of child development. Your local ECI program will answer your questions and set up a free screening.

What is a screening?

A screening is:

- a check to see if your child is learning important skills and is on target.
- a chance to see if your child is developing like other children his age.
- a chance to talk to someone about your child's skills.

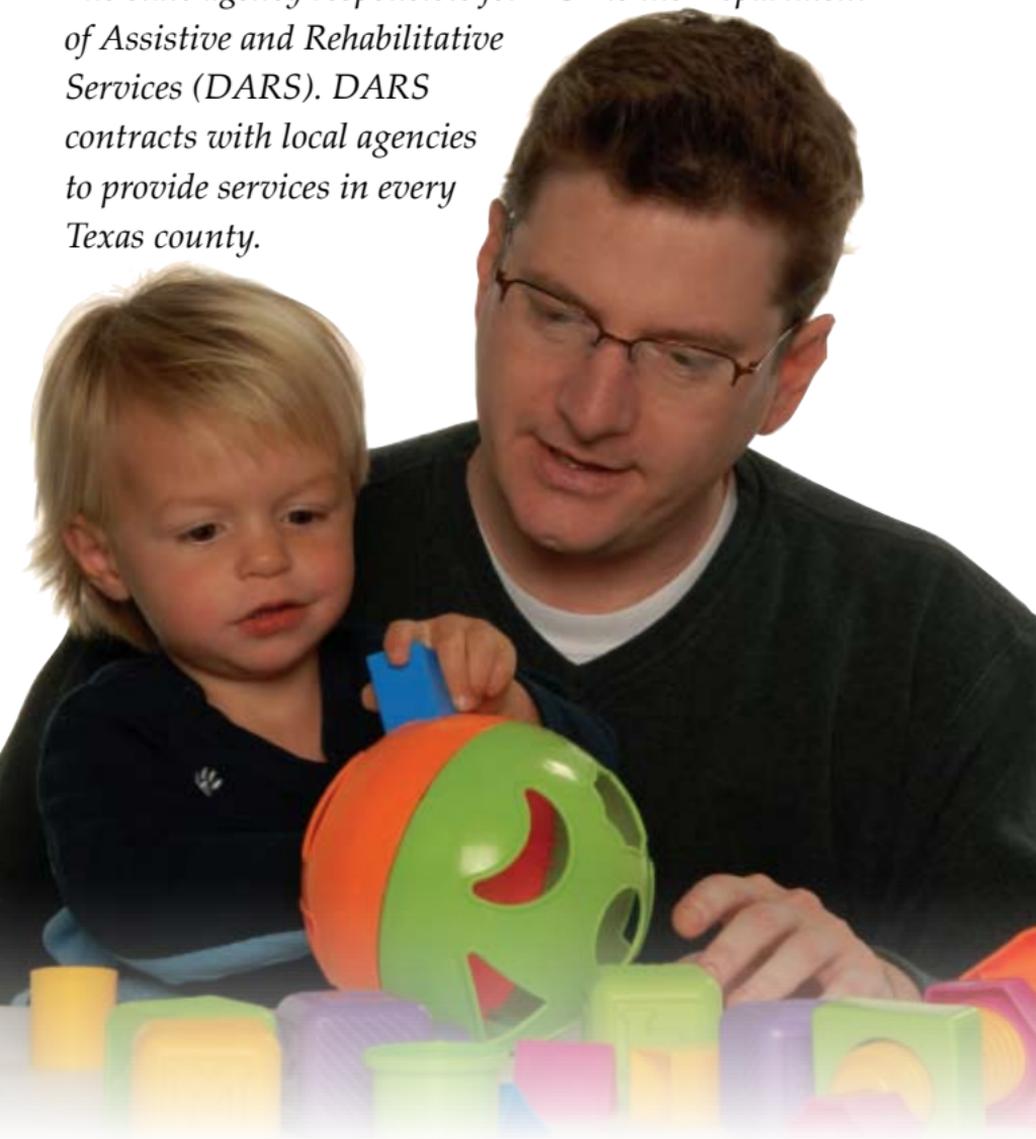
How do I find ECI?

To find the number of the ECI program in your area, call **1-800-628-5115**.

If you have a hearing impairment, call the TDD/TTY Line at **1-866-581-9328**.

To search online, visit the DARS/ECI website at **www.dars.state.tx.us/ecis**.

The state agency responsible for ECI is the Department of Assistive and Rehabilitative Services (DARS). DARS contracts with local agencies to provide services in every Texas county.



Check list

3 - 6 month old babies

- follow moving toys or faces with their eyes
- startle at loud or new sounds
- wiggle and kick with legs and arms
- lift head and shoulders while on stomach
- smile back at parents or other family members
- make sounds, like gurgling, cooing or sucking sounds

6 - 9 month old babies

- explore toys with hands and mouth
- roll over front-to-back and back-to-front
- squeal and babble different sounds
- sit by leaning on their hands
- turn their heads to voices and respond to their names
- know family members and seek their attention
- enjoy playing "peek-a-boo"

9 - 12 month old babies

- copy hand movements like "patty cake," or "bye-bye"
- pick up crumbs or other small things with their thumb and a finger
- move toys from one hand to the other hand
- crawl on hands and knees
- sit without help
- repeat sounds like "baba," "dada," "mama"
- cry when mother or father leaves

12 - 15 month old babies

- pull themselves up to a standing position
- walk by holding onto furniture
- drink from a cup with your help
- wave bye-bye
- say "mama" and "dada" and one other word
- point to objects they want
- can find a toy hidden under a cloth



15 - 18 month old babies

- use at least three words besides “mama” and “dada”
- like to look at pictures in a book
- hold a crayon in a fist
- hand toys to you when asked
- point to pictures or objects you name
- walk without help
- dump contents out of a box

18 - 21 month old toddlers

- like to pull and push things while walking
- use pointing and words together to tell what they want
- pull off shoes and socks
- feed themselves with their fingers
- can point to one body part when asked
- use at least 10 words and repeat words you say

21 - 24 month old toddlers

- point and use words to get your attention
- like to pretend-play (talk on toy phone)
- put together a 2 or 3 piece picture puzzle
- like to throw balls
- like to play alone with toys for a short time
- say “No” a lot
- like to copy what others do



24 - 30 month old toddlers

- use 2 to 3 words together, like “No, Mommy” or “More cookies”
- use and understand at least 50 words
- feed themselves with a spoon
- enjoy being around and watching other toddlers
- show affection to family members and pets
- run short distances without falling
- pretend play with more than one step (Feed a doll, then pat and hug it.)
- show lots of feelings (joy, anger, sadness)

30 - 36 month old toddlers

- throw a ball overhand
- comfort another child who is crying
- can walk on tiptoes
- combine 2 ideas in a sentence (“I want an apple and a banana.”)
- help to clean up
- ask for help when needed
- combine 2 toys in pretend play (Uses a stuffed bear as the driver of a toy car.)
- use at least 100 words





Red Flags

Below is a list of behaviors or red flags that can keep your child from learning. If they happen often, call ECI.

Baby

- Cannot bend arms or legs
- Does not smile, move or look at you when you talk or play with her
- Does not want to be held
- Does not make sounds by 3 months
- Does not babble by 6 months

Toddler

- Has tantrums that last 20 minutes or longer
- Breaks things on purpose
- Hurts or bites other people
- Does not look at you when you call her name
- Does not play with toys
- Flaps hands, rocks or sways over and over
- Does not point at objects he wants
- Has no words by 12 months

Any Age

- Is fussy or cries a lot, even when not tired or hungry
- Has trouble falling asleep or staying asleep
- Does not notice people
- Is unhappy most of the time
- Any loss of speech or babbling, or social skills

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the TDD/TTY Line at **1-866-581-9328** for people
with a hearing impairment or visit the ECI web

pages at

www.dars.state.tx.us/ecis



Your Local ECI Program:



Department of Assistive and Rehabilitative Services

Division for Early Childhood Intervention Services

4900 N. Lamar Blvd., Austin, Texas 78751

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